

Proclamation

- Whereas,* mental health is part of overall health and well-being and should be treated with the same urgency as physical health; and
- Whereas,* one in five Americans experience a mental health condition that requires treatment at some point in their lives; and
- Whereas,* long delays—sometimes decades—often occur between the time symptoms first appear and when individuals get help; and
- Whereas,* early identification and treatment can make a profound difference in successful management of mental illness and recovery; and
- Whereas,* we strive to ensure people living with mental health conditions know that they are not alone, that hope exists, and that the possibility of healing and thriving is real; and
- Whereas,* the City of Manhattan Beach is committed to promoting public education and community activities that can reduce stigma, support positive mental well-being and help improve the lives of individuals and families affected by mental illness;

Now, Therefore, Be It Resolved that I, Steve Napolitano, Mayor of the City of Manhattan Beach, California, on behalf of the City Council and the residents of Manhattan Beach, do hereby proclaim the month of May, 2019 as

Mental Health Awareness Month

to increase public understanding of the importance of mental health, and that every citizen and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help.

Dated this 21st day of May, 2019.

ATTEST:



CITY CLERK LIZA TAMURA



MAYOR STEVE NAPOLITANO

