

RESOLUTION NO. 12-6395

A RESOLUTION OF THE COUNCIL OF THE CITY OF MANHATTAN BEACH ENDORSING THE FOLLOWING POLICIES IN THE PURSUIT OF "BLUE ZONE" CERTIFICATION UNDER THE VITALITY CITY PROGRAM

WHEREAS, the City of Manhattan Beach through its partnership with Vitality City, park resources, trails, bike pathways, open spaces, community building facilities, and access to healthy foods and drinks, has the unique ability to positively affect the health of the Manhattan Beach community now and in the future; and

WHEREAS, sugary snacks, sodas, fruit juices, and other sweetened drinks are widely recognized as one of the main drivers of Type 2 diabetes, overweightness, and obesity

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, An unfortunate price gap currently exists between healthy and unhealthy food; and

WHEREAS, the dignity and privacy of mothers must be protected while breastfeeding, which is a natural process and important for the developmental health of infants; and

WHEREAS, farmers markets and community gardens serve as important sources of healthy foods and produce in our community;

WHEREAS, the City Council of the City of Manhattan Beach through its partnership with Vitality City has adopted the concept of using "blue zone" principles to improve a community's health, and is committed to becoming "blue zone" certified.

NOW, THEREFORE, THE COUNCIL OF THE CITY OF MANHATTAN BEACH DOES HERBY RESOLVE AS FOLLOWS:

Section 1. The City hereby supports and implements open access to working fresh water drinking fountains in all municipal buildings and in outdoor public spaces including parks and the strand.

Section 2. The City hereby supports a healthy vending standard for all municipal buildings and public parks by which at least 50% of the products sold in vending machines will abide by Blue Zone nutritional guidelines.

Section 3. The City hereby supports a healthy food and beverage policy at all city-sponsored youth sporting events under which any and all foods and beverages served shall be in accordance with Blue Zone nutritional guidelines.

Section 4. The City hereby confirms its support for the right of city employees to have access to a clean, private, non-bathroom area in which they can breastfeed, and therefore provides such accommodations.

Section 5. The City hereby supports the availability of space on a weekly basis for a Manhattan Beach Farmers Market, and supports the protection of land usage for community gardens.

Section 7. This resolution shall take effect immediately upon adoption.

Section 8. The City Clerk shall certify to the adoption of this resolution

PASSED, APPROVED AND ADOPTED this 4th day of September, 2012

Ayes:
Noes:
Absent:
Abstain:

Wayne Powell, Mayor
City of Manhattan Beach

Attest:

_____ (SEAL)
Liza Tamura, City Clerk

Approved as to Form:

Quinn Barrow, City Attorney