

## Proclamation

- Whereas,* mental health is part of overall health and well-being and should be treated with the same urgency as physical health; and
- Whereas,* the area that someone lives in plays a significant role in their overall health and well-being; and
- Whereas,* surroundings can impact if, how, and when a person's needs are met, which in turn affects mental health; and
- Whereas,* having safe, stable, and healthy home conditions set the foundation for achieving and maintaining good mental health; and
- Whereas,* with early and effective interventions, those individuals with mental health conditions can recover and lead full productive lives; and
- Whereas,* the City of Manhattan Beach is committed to promoting public education and community activities that can reduce stigma and positive mental wellness, support prevention efforts, and help improve the lives of individuals and families affected by mental illness;

*Now, Therefore, Be It Resolved* that I, Joe Franklin, Mayor of the City of Manhattan Beach, California, on behalf of the City Council and the residents of Manhattan Beach, do hereby proclaim the month of May, 2024 as

## Mental Health Awareness Month

*to increase public understanding of the importance of mental health, and that every citizen and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help.*

*Dated* this 7<sup>th</sup> day of May, 2024.

ATTEST:

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CITY CLERK LIZA TAMURA

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MAYOR JOE FRANKLIN

