

## *Proclamation*

*Whereas,* parks and recreation programs is an integral part of communities throughout the country, including Manhattan Beach; and

*Whereas,* the Parks and Recreation Department has been providing programs and services to the residents of Manhattan Beach since 1941; and

*Whereas,* our parks and recreation are vitally important to establishing and maintaining the quality of life in our communities, ensuring the health of all citizens, and contributing to the economic and environmental well-being of our community and region; and

*Whereas,* residents value recreation as it provides positive alternatives for children and youth to reduce crime and mischief especially during non-school hours; it promotes the arts, it increases social connections, and promotes lifelong learning; and

*Whereas,* parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being and alleviating illness such as depression, attention deficit disorders, and Alzheimer's; and

*Whereas,* our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

*Whereas,* the residents of Manhattan Beach including children, youth families, adults, seniors, businesses, community organizations, and visitors benefit from the wide range of parks, trails, open space, sports fields, tennis courts, facilities and programs; and

*Whereas,* the City of Manhattan Beach urges all its residents to recognize that parks and recreation enriches the lives of its residents and visitors as well as adding value to the community's homes and neighborhoods.

*Now, Therefore, Be It Resolved* that I, Amy Thomas Howorth, Mayor of the City of Manhattan Beach, California, on behalf of the City Council and the residents of Manhattan Beach, do hereby proclaim July 2025 as

*Parks and Recreation Month*

and encourage all residents to recognize the benefits and values of Parks and Recreation in Manhattan Beach and participate in the many activities taking place this month and throughout the year.

*Dated* this 15<sup>th</sup> day of July, 2025

ATTEST:



City Clerk Liza Tamura



Mayor Amy Thomas Howorth

