

## Proclamation

*Whereas,* May is Older Americans Month, a time for us to recognize and honor the City of Manhattan Beach's older adults and their immense influence on every facet of American society; and

*Whereas,* the 2026 theme for Older Americans Month, "Champion Your Health," focuses on prevention, wellness, and personal responsibility to support healthy aging and independence; and

*Whereas,* through their wealth of life experience and wisdom, older adults guide our younger generations and carry forward abundant cultural and historical knowledge; and

*Whereas,* older Americans improve our communities through intergenerational relationships, community service, civic engagement, and many other activities; and

*Whereas,* communities benefit when people of all ages, abilities, and backgrounds have the opportunity to participate and live independently; and

*Whereas,* the City of Manhattan Beach must ensure that older Americans have the resources and support needed to stay involved in their communities - reflecting our commitment to inclusivity and connectedness.

*Now, Therefore, Be It Resolved* that I, David Lesser, Mayor of the City of Manhattan Beach, California, on behalf of the City Council and the residents of Manhattan Beach, do hereby proclaim the month of May 2026 as


## Older Americans Month

and urge every citizen to take time during this month to recognize older adults and the people who serve them as essential and valuable members of our community.

*Dated* this 5<sup>th</sup> day of May, 2026.

ATTEST:

  
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City Clerk Liza Tamura

  
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Mayor David Lesser

